



SKIN PROTOCOL

To nourish the beauty of your skin

Recommended for:

Women and men who want to restore tone, hydration, and firmness to their skin.

When is it recommended?

It's not just age: factors such as excessive sun exposure, air pollution, smoking, poor diet, and overly aggressive cosmetic treatments can also age our skin, causing thinning, wrinkles, and loss of tone and firmness.

To maintain beautiful skin, it is necessary to nourish it from within.
We offer a protocol that, thanks to the synergy of collagen and other components, has an anti-aging booster effect on the deep layers of the dermis.

YOUR DAILY PROTOCOL

We recommend repeating 3-month cycles as needed.

Principium Collagene Marino



To nourish the skin with the structural component that gives it elasticity and firmness

1 or 2 sachets per day dissolved in water or 4 tablets per day, in both cases between meals

Principium Acido Ialuronico Skin 120



To deeply hydrate and plump the skin

1 tablet at lunch + 1 tablet at dinner

Principium C1000 Tre-tard



High dose of vitamin C, useful for endogenous collagen synthesis

1 tablet before breakfast

Visit our store locator on the [principiumlife.com](https://www.principiumlife.com) website, enter your city and find the store nearest you.



Suitable for
vegans



Gluten
free



Lactose
free